CONNECTICUT COVID-19 TRAVEL ADVISORY

OVERVIEW:
On June 25th 2020, in response to increased rates of COVID-19 transmission in certain states within the United States, and to protect Connecticut’s successful containment of COVID-19, the State has joined with New York and New Jersey in jointly issuing a travel advisory for anyone returning from travel to states that have a significant degree of community-wide spread of COVID-19. Scan the QR code with your smart phone camera for a direct link to Connecticut’s COVID-19 Response Page.

WHEN TRAVELING:
- Avoid public places including while traveling, if possible
- Wear a mask if:
  - You are within six feet of distance from other individuals
  - In a situation or setting where they are unable to maintain six feet of distance from other individuals
  - In a public or private transportation carrier or for-hire vehicle
  - If otherwise required
- Wash your hands often with soap and water for at least 20 seconds, especially before you eat
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Cover your cough and sneezes with a tissue and discard it in a closed container

SYMPTOMS TO LOOK FOR:
Anyone experiencing symptoms is encouraged to get tested for COVID-19 at the nearest testing center and contact their provider.

Testing centers can be found on the website below.

- **Most Common Symptoms:**
  - Fever | Dry Cough | Tiredness
- **Less Common Symptoms:**
  - Aches and Pains | Sore Throat | Diarrhea | Conjunctivitis | Headache | Loss of Taste or Smell | Rash on Skin | Discoloration of Fingers or Toes
- **Serious Symptoms:**
  - Difficulty Breathing or Shortness of Breath | Chest Pain or Pressure | Loss of Speech or Movement

REGIONAL TRAVEL ADVISORY:
Anyone traveling into Connecticut from a state that has a new daily positive test rate higher than 10 per 100,000 residents or a state with a 10% or higher positivity rate over a 7-day rolling average are directed to self-quarantine for a 14-day period from the time of last contact within the identified state. Scan the QR code with your smart phone camera for a direct link to the most up-to-date list of impacted states.

FOR MORE INFORMATION ON CONNECTICUT’S COVID-19 RESPONSE: ct.gov/coronavirus OR CALL 2-1-1